



| Fall 1                 | Credits   | Success Marker |
|------------------------|-----------|----------------|
| ENGL 103               | 3         |                |
| COMS 100               | 3         |                |
| BIO 103 & 105          | 4         |                |
| Math 210               | 3         |                |
| UNIV 101               | 1         |                |
| <b>Total hours</b>     | <b>14</b> |                |
| <b>Notes/Comments:</b> |           |                |

| Spring 1                           | Credits      | Success Marker |
|------------------------------------|--------------|----------------|
| ENGL 203                           | 3            |                |
| GE: Creativity & Critical Analysis | 3            |                |
| CHEM 110                           | 1            |                |
| CHEM 111                           | 3            |                |
| STAT 208 or 301                    | 3-4          |                |
| PSYC 102                           | 3            |                |
| <b>Total hours</b>                 | <b>16-17</b> |                |
| <b>Notes/Comments:</b>             |              |                |

| Summer 1   | Credits  | Success Marker |
|--|----------|----------------|
| <b>Total hours</b>   | <b>0</b> |                |
| <b>Notes/Comments:</b> 1. Take sanitation certification course needed as a PRQ to FCNS 200A. 2. Work on 100 hours of food service experience and take CPR/FA course needed |          |                |

| Fall 2                             | Credits   | Success Marker |
|------------------------------------|-----------|----------------|
| BIOS 357                           | 5         |                |
| SOCI 170 or ANTH 120               | 3         |                |
| GE: Creativity & Critical Analysis | 3         |                |
| Elective                           | 3         |                |
| ECON 260                           | 3         |                |
| <b>Total hours</b>                 | <b>17</b> |                |
| <b>Notes/Comments:</b>             |           |                |

| Spring 2               | Credits   | Success Marker |
|------------------------|-----------|----------------|
| CHEM 230               | 3         |                |
| Elective               | 3         |                |
| Elective               | 3         |                |
| Elective               | 3         |                |
| EPFE 201               | 3         |                |
| <b>Total hours</b>     | <b>15</b> |                |
| <b>Notes/Comments:</b> |           |                |

| Summer 1   | Credits  | Success Marker |
|--|----------|----------------|
| <b>Total hours</b>   | <b>0</b> |                |
| <b>Notes/Comments:</b> 1. Take Food Service Sanitation Certification Exam, if not previously completed. 2. Work on 100 hours of food service needed for FCNS 320 |          |                |

| Fall 3   | Credits   | Success Marker |              |
|--|-----------|----------------|--------------|
| FCNS 309   | 3         | •C or better   |              |
| FCNS 498   | 1         |                |              |
| MGMT 333   | 3         |                |              |
| FCNS 200A  | 3         |                | •C or better |
| FCNS 200B  | 2         |                | •C or better |
| BIOS 213   | 3         |                |              |
| <b>Total hours</b>   | <b>15</b> |                |              |
| <b>Notes/Comments:</b> 1. Complete CPR & First Aid certification if not already completed 2. Complete 100 hours of food service experience. 3. Complete 2-stepTB test. |           |                |              |

| Spring 3                             | Credits   | Success Marker   |
|--------------------------------------|-----------|--|
| FCNS 310                             | 3         | • C or better<br>• Area of study chosen in consultation with advisor |
| Area of Study Course                 | 3         |  |
| FCNS 320                             | 4         |  |
| Elective or AHCD 318                 | 3         |  |
| Upper level elective, minor or other | 3         |  |
| <b>Total hours</b>                   | <b>16</b> |  |
| <b>Notes/Comments:</b>               |           |  |

| Summer 3           | Credits  | Success Marker   |
|--------------------|----------|--|
| <b>Total hours</b> | <b>0</b> | • Continue with work experience in the nutrition field |

| Fall 4                               | Credits   | Success Marker |
|--------------------------------------|-----------|----------------|
| FCNS 409                             | 3         | •C or better   |
| Area of Study Course                 | 3         |                |
| Upper level elective, minor or other | 3         |                |
| Upper level elective, minor or other | 3         |                |
| Upper level elective, minor or other | 3         |                |
| <b>Total hours</b>                   | <b>15</b> |                |
| <b>Notes/Comments:</b>               |           |                |

| Spring 4                             | Credits   | Success Marker   |
|--------------------------------------|-----------|--|
| FCNS 410                             | 3         | • Apply to Dietetic Internship Programs if on DPD track<br>• Area of study chosen in consultation with advisor |
| Area of Study Course                 | 3         |  |
| Area of Study Course                 | 3         |  |
| Upper level elective, minor or other | 3         |  |
| <b>Total hours</b>                   | <b>12</b> |  |
| <b>Notes/Comments:</b>               |           |  |

Notes/Comments: This plan is an example of what a four year plan could look like for a typical student. Placement exam scores in math as well as the completion of coursework may change the plan. It should not be used in the place of regular academic advising appointments. All students are encouraged to meet with their advisor each semester to discuss course scheduling. All requirements are subject to change by NIU.